Girls on the Run VES

Event Date
Tue, May 21 2024, 8 - 9:20am
Daily on Monday, Tuesday, Thursday, and Friday at 8:00am until Fri, Jun 7 2024
Recent

- Mon, May 20 2024, 8 - 9:20am

Upcoming

- Thu, May 23 2024, 8 - 9:20am
- Fri, May 24 2024, 8 - 9:20am
- Tue, May 28 2024, 8 - 9:20am
- Thu, May 30 2024, 8 - 9:20am
- Fri, May 31 2024, 8 - 9:20am
- Mon, Jun 3 2024, 8 - 9:20am
- Tue, Jun 4 2024, 8 - 9:20am

The program is designed to promote self-respect, friendship and fitness. In addition to doing lessons and playful activities, girls run and walk, as they train to complete a fun 5K race.

VES (3 & 4)

Dates: Mon/Thurs; April 15 - June 6 (no 5/27) OR Tues/Fri; April 16 - June 7 (no 4/23)

Time: 8:00 - 9:20am

Cost: $215 (includes shirt & materials)

Location: VES field

Instructor:(VES & LMS): Diane Fay (dianefay3 [at] gmail.com)

Volunteers are needed to assist with GOTR – please contact Coach Fay or Pauline at Recreation